



careercompass

## Career Path Planning Training and Toolkit for People in Career Crossroads and Seeking Employment



www.careercompassstraining.com

Duration: 1.11.2024 – 30.4.2027

Project number: 2024-1-FI01-KA220-ADU-000243871

May 2025

# Newsletter 1

## What is Career Compass?

Career Compass is a training and toolkit that helps people at career crossroads, especially those facing challenges or returning to work. It offers personalised training and resources to guide participants in identifying their skills, exploring job options, and planning education for career growth or transitions.

The Career Compass training and toolkit combine skill-building, career exploration, and educational planning in an intuitive and accessible way. It offers practical tools for identifying career paths and skills for career with a special focus on individuals facing barriers such as long-term unemployment or career breaks. By enhancing confidence and fostering continuous growth, Career Compass empowers participants to overcome challenges and achieve sustained career success.



## To whom is the Career Compass addressed?

### People at Career Crossroads and Seeking Employment

This group encompasses individuals facing socio-economic, demographic, and educational barriers to employment. Key subgroups are young people (18-24) starting their careers, older adults (50+) facing age-related challenges, refugees and migrants dealing with integration barriers, lower-educated individuals with limited skills, and young people not in employment, education, or training (NEETs), who are at risk of long-term unemployment.

### Career Trainers, Counselors, Facilitators, Employment Offices, and Continuous Training Providers

This group encompasses professionals and organisations that assist with career decisions, job searches, and professional development. It comprises career trainers and counselors, employment offices providing job placement and readiness support, facilitators leading career development programs, and continuous training providers offering upskilling and vocational certifications. These professionals play a critical role in guiding individuals toward career success and growth.



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## Project results

**A training framework and guide** to identify challenges, opportunities, and needs.

**Training and a toolkit** for career path identification and development.

**A user guide for individuals** at career crossroads or seeking employment, especially those in vulnerable positions, to support both independent and trainer-led learning.

**A user guide for employment and career trainers, counselors, facilitators, employment offices, and continuous training providers** to support effective training delivery.

## The first Project Meeting in Poland

## A user guide for individuals

at career crossroads or seeking employment, especially those in vulnerable positions, to support both independent and trainer-led learning.



The 14-15 November 2022 the first meeting of the international "Career Compass" project partners took place in Łódź, Poland.

During the two-day discussions, partners had the opportunity to exchange experiences, discuss the specific needs of their target groups, and agree on the details of the action plan. Thanks to constructive dialogues, they successfully established common goals and laid the groundwork for the implementation of the project's objectives. The next stages of cooperation will focus on developing innovative tools to support decision-making and career processes, ultimately enhancing the participants' opportunities in the labor market.



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## Our first steps

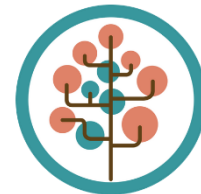
Work Package 2 of the Erasmus+ "Career Compass" project focuses on supporting adults at key career stages or those seeking employment. The team is analysing career planning tools used across Europe, such as Europass, microlearning, and innovative methods like motivational interviewing and reflective exercises - all aimed at enhancing self-awareness, motivation, and practical skills.

Currently, work is underway on a guide to support career decision-making, based on national data. This guide will be peer-reviewed, translated, and tested by users. The final result will be practical and accessible tools to boost the employability of adults across Europe.

## Foundation for the Development of International and Educational Activity FRAME (Poland)



## Ekpedeftiki Paremvasi KDVM S.A. (Greece)



Ekpedeftiki Paremvasi  
KDVM S.A.

## Innopares Consultores y Formadores S.L (Spain)



## Organisations working on Career Compass

Four organisations from four European countries and with different competences are developing Career Compass outcomes.

These four organisations are:

**VAMK University of Applied Sciences (Finland)**  
– project coordinator



VAASAN AMMATTIKORKEAKOULU  
UNIVERSITY OF APPLIED SCIENCES

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